

# "SUPER ENERGY SAVER" Checklist

Finish this checklist and return it to your teacher and you'll be an official Touchstone Energy® Cooperatives "Super Energy Saver."  
Make sure you get mom or dad to help you so they can be energy savers too. Good luck!

- TURN OFF ALL THE LIGHTS** every time you leave the room.
- SHUT DOWN THE COMPUTER** when you are done using it.
- UNPLUG ELECTRONICS** like cell phones, video games and televisions when not in use.
- SET YOUR THERMOSTAT** to 78° in the summer and 68° in the winter.
- DON'T HOLD THE REFRIGERATOR DOOR OPEN** for long periods of time.
- CHECK WINDOWS AND DOORS FOR AIR LEAKS.**



## "SUPER ENERGY SAVER" BONUS:

Count the number of CFL light bulbs you have in your house. If you don't have any, ask your mom or dad if you can buy some the next time you are at the store.

Total number of CFLs



Touchstone Energy® Cooperatives

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date